

JUNE NEWS FLASH 2007



GARRISON CALENDAR:

08 Jun – Fort Wainwright Community Partnership Day
02 Jun – CPR/AED, Adult, 9:00-12:30, Education Annex, bldg 2107
05 Jun – AFTB Lunchbag Leadership, Team Dynamics, 1145 – 1245 at ACS
07 Jun – Federal/Resumix Workshop for Resumes, call 353-2113
08 Jun – Pre-Retirement Briefing, 0900-1200, call 353-2113
09 Jun – Bike Rodeo
11 Jun – Skills Assessment Counseling, 0900-1100, call 353-2113
12-13 Jun – ACAP TAP Workshop, 0900-1630, call 353-2113 for more info
13-14 Jun – Newcomers Orientation
14 Jun – Army Birthday Run
16 Jun – Post Wide Yard Sale
17 Jun – Father's Day
18 Jun – GSSL
20 Jun – Disabled Transition Assistance Program, 1000-1200, call 353-2113
20 Jun – Veterans Affairs Briefing, 1300-1630, call 353-2113
21 Jun – Resume Seminar, 1300-1600, call 353-2113
23 Jun – Eielson Air Show and Open House
26-27 Jun – ACAP TAP Workshop, 0900-1630, call 353-2113 for more info
27-28 Jun – Newcomers
05 Jul – Federal/Resumix Workshop for Resumes, call 353-2113
06 Jul – Pre-Retirement Briefing, 0900-1200, call 353-2113
07 Jul – CPR/AED, child plus infant CPR, 9:00-2:30
11-12 Jul – Level I AFTB, 1800-2100

CLASSES & EVENTS:

FRIDAY, JUNE 1

- ◆ BOSS hosts live DJ action at the Arctic Warrior Zone. Jam with "DJ Suave" at 7pm.
- ◆ Youth Services host their 5-on-5 Basketball 7-10:00pm, Team sign ups by 6:30pm call 353-KIDS.

SATURDAY, JUNE 2

- ◆ Outdoor Recreation is hosting a Denali National Park Tour to Fish Creek Station. Cost is \$70 adults/\$40 children. Call 353-6349 to make reservations.
- ◆ Basic Picture Framing class will be offered at Arts and Crafts at 9:30am. Fee \$10, call 353-7520 to register.
- ◆ Outdoor Recreation Center offers their free Boater Safety Class every Saturday 1-5pm Call 353-6349 for reservations. This class is a prerequisite for renting watercraft from Outdoor Recreation.
- ◆ Arts and Crafts is offering a Stamping Class making Father's Day Cards at 3:30pm, fees are \$6 Call 353-7520.
- ◆ Skies *Unlimited* offers Cheerleading from June 2-16th, for ages 5-18yrs, class fee is \$45. Call 353-7713.

MONDAY, JUNE 4

- ◆ Boss ID Cards are available at the Arctic Warrior Zone 6pm. Call 353-1085.
- ◆ Employment Readiness will offer a class at 10am-11am: "Employment Orientation" Call 353-4327 to sign up.
- ◆ Army Family Team Building offers level II training in the ACS Bldg 3401 June 4-7th, 6-9pm. Call 353-AFTB for information.

TUESDAY, JUNE 5

- ◆ ACS Family Advocacy Program will offer a "Battle Stress" class at 11am-1pm, to register call, 353-4248.
- ◆ Employment Readiness is offering a "Federal Employment" class @ 10am-11:30am, Call 353-4327 to sign up.
- ◆ Army Family Team Building presents, "Team Dynamics" a Lunch bag Leadership class at the ACS bldg, from 11:45 to 12:45pm. For more information call 353-2382.

WEDNESDAY, JUNE 6

- ◆ PiRho, Christian Ministry meets at the Arctic Warrior Zone 7pm. Call 353-1085.
- ◆ ACS FAP will offer a "When Tempers Flare" class at 11:30am-1pm to register call, 353-4248.
- ◆ ACS Family Advocacy Program will offer a class, Family Problems" at 11:30am-1pm to register call, 353-4248.
- ◆ Youth Services host their Cooking Club from 2:00-4:00pm, for more information call 353-KIDS
- ◆ The PFC will host the Army Ten Miler Run; registration at 5am, run briefing at 5:30am and the run will start at 6am. Call Valerie at 353-9137 for more information.

THURSDAY, JUNE 7

- ◆ FCC Provider Pre-Orientation Briefing will be held at 11:30am at Bldg 4176. Become a FCC Provider, call 353-6266.
- ◆ Skies *Unlimited* offers Tumbling from June 7th-21st, ages 2-4yrs at 5:15-6pm, ages 5-18yrs at 6:15-7 pm. Class fee is \$30. Call 353-7713.

FRIDAY, JUNE 8

- ◆ ACS FAP will offer a "LOVE: Learning to Overcome Violence Everyday" class at 11:30am-1pm to register call, 353-4248.
- ◆ Youth Services host their 5-on-5 Basketball 7-10:00pm, Team sign ups by 6:30pm call 353-KIDS.
- ◆ BOSS hosts live DJ action at the Arctic Warrior Zone. Jam with "DJ Suave" at 7pm.
- ◆ Skies *Unlimited* offers Ballet Dance class from June 8th-22nd, for ages 4-12 yrs held at the PFC, 5pm. Class fee is \$30. Call 353-7713 to register.
- ◆ Skies *Unlimited* offers a Hip Hop Dance class from June 8th-22nd, for ages 9-18 yrs held at the PFC, 6pm. Class fee is \$30, for more information call 353-7713.

SATURDAY, JUNE 9

- ◆ Outdoor Recreation Center is offering MacLaren Lodge Scenic Tour and Boat Trip. Cost is \$95 per person from 10am-10pm, this is a one day trip. Call 353-6349 to make reservations.
- ◆ Arts and Crafts is offering a Kids workshop to make a Beaded Bracelet at 2pm, fees are \$5 for 1st child and \$3 for each additional child. Call 353-7520.
- ◆ Arts and Crafts will offer a Quilted Totes Class at 12:30pm. Class fee is \$18 and materials are provided. Call 353-7520.
- ◆ Outdoor Recreation Center offers their free Boater Safety Class every Saturday 1-5pm Call 353-6349 for reservations. This class is a prerequisite for renting watercraft from Outdoor Recreation.

SUNDAY, JUNE 10

- ◆ Outdoor Recreation Center is offering a Geocaching Program, from 1 to 3pm. Call 353-6349 for this free class.

MONDAY, JUNE 11

- ◆ Boss ID Cards are available at the Arctic Warrior Zone 6pm. Call 353-1085.

TUESDAY, JUNE 12

- ◆ Skies *Unlimited* offers Piano classes Tues for ages 5-7yrs, \$30 and 8-18 yrs, \$45 Call 353-3218.
- ◆ ACS FAP will offer class at 11:30-1pm, "SAFE: Sexual Assault Facts & Education" to register call, 353-4248.
- ◆ Employment Readiness will offer a class at 2pm-3:30pm: "Resume Building Workshop". Call 353-4327 to sign up.
- ◆ Army Family Team Building presents, "How to Plan and Conduct a Presentation " a Lunch bag Leadership class at the ACS bldg, from 11:45 to 12:45pm. For more information call 353-2382.

WEDNESDAY, JUNE 13

- ◆ Employment Readiness is offering at 2pm-3:30pm: "Interviewing Techniques" class Call 353-4327 to sign up.
- ◆ Newcomer's Orientation, 8:30am to 4pm. Call 353-4333 for information. Spouses are encouraged to attend.
- ◆ ACS FAP will offer a "When Tempers Flare" class at 11:30am-1pm to register call, 353-4248.
- ◆ ACS FAP will offer a "Truths of Marriage" class at 10:30am-12 noon to register call, 353-4248.
- ◆ Youth Services host their Cooking Club from 2:00-4:00pm, for more information call 353-KIDS
- ◆ Arts and Crafts will offer a Ceramics Cookie Jar class from 12- 2pm, fees are \$18. Call 353-7520 to register.
- ◆ PiRho, Christian Ministry meets at the Arctic Warrior Zone 7pm. Call 353-1085.
- ◆ Youth Services host their Cooking Club from 2:00-4:00pm, call 353-KIDS.

THURSDAY, JUNE 14

- ◆ Newcomer's Orientation, 8:30am to 4pm. Call 353-4333 for information. Spouses are encouraged to attend.
- ◆ Skies *Unlimited* offers Piano classes Tues for ages 5-7yrs, \$30 and 8-18 yrs, \$45 Call 353-3218
- ◆ Arts and Crafts will offer a Silk Ribbon Embroidery Class at 5:30pm. Class fee is \$20. Call 353-7520 to sign up.

FRIDAY, JUNE 15

- ◆ BOSS hosts live DJ action at the Arctic Warrior Zone. Jam with "DJ Suave" at 7pm.
- ◆ ACS Family Advocacy Program will offer a "Solving Family Problems" class at 9:30am-10:30am, to register call, 353-4248.
- ◆ Youth Services host their 5-on-5 Basketball 7-10:00pm, Team sign ups by 6:30pm call 353-KIDS.

SATURDAY, JUNE 16

- ◆ Outdoor Recreation Center offers their free Boater Safety Class every Saturday 1-5pm Call 353-6349 for reservations. This class is a prerequisite for renting watercraft from Outdoor Recreation.

MONDAY, JUNE 18

- ◆ CYS Youth Sports will hold T-Ball registration from June 18-22. Open to ages 5-6 years, season runs July 16-Sept 7th. Call for more information 353-7713.
- ◆ CYS Youth Sports will hold Coed Baseball registration from June 18-22. Open to ages 7-18 years with skills assessments on June 30th, season runs July 16-Sept 7th. Call for more information 353-7713.
- ◆ Boss ID Cards are available at the Arctic Warrior Zone 6pm. Call 353-1085.
- ◆ FCC Orientation Classes for new FCC providers June 18-22, at Bldg 4176. Call 353-6266 for information.

WEDNESDAY, JUNE 20

- ◆ ACS FAP will offer a "When Tempers Flare" class at 11:30am-1pm to register call, 353-4248.
- ◆ PiRho, Christian Ministry meets at the Arctic Warrior Zone 7pm. Call 353-1085.
- ◆ Youth Services host their Cooking Club from 2:00-4:00pm, call 353-KIDS.
- ◆ Arts and Crafts is offering a Kids workshop make a Glass Vase at 1pm, fees are \$5 for 1st child and \$3 for each additional child. Call 353-7520.

THURSDAY, JUNE 21

- ◆ Newcomer's Orientation, 8:30am to 4pm. Call 353-4333 for information. Spouses are encouraged to attend.
- ◆ Outdoor Recreation Center is offering a Summer Solstice Tour to Eagle Summit. Cost is \$40 per Adult, \$20 per child. This is a 21 hour trip departing, at 8am and returning at 5 am on the 22nd. Call 353-6349 to make reservations.
- ◆ ADD/ADHD Information and Support Group held at, Child Development Center, Bldg 4024 at 6:15pm-8pm call 353-4243.

FRIDAY, JUNE 22

- ◆ Youth Services host their 5-on-5 Basketball 7-10:00pm, Team sign ups by 6:30pm call 353-KIDS.
- ◆ BOSS hosts live DJ action at the Arctic Warrior Zone. Jam with "DJ Suave" at 7pm.
- ◆ FCC Provider Pre-Orientation Briefing, 11:30am at Bldg 4176. Get information on becoming an FCC Provider, call 353-6266.

SATURDAY, JUNE 23

- ◆ Arts and Crafts is offering a Stained Glass Sun Catcher class at 4pm, cost is \$12. Call 353-7520 to sign up.
- ◆ Outdoor Recreation Center offers their free Boater Safety Class every Saturday 1-5pm Call 353-6349 for reservations. This class is a prerequisite for renting watercraft from Outdoor Recreation.

SUNDAY, JUNE 24

- ◆ Boss is hosting an Alternative Rock Concert "Even Page" at the Arctic Warrior Zone, call for scheduled time and information 353-9452.

MONDAY, JUNE 25

- ◆ Boss ID Cards are available at the Arctic Warrior Zone 6pm. Call 353-1085.

TUESDAY, JUNE 26

- ◆ Youth Services offers a Chena Lakes Fishing Trip from 1:00-5:00pm, call 353-KIDS.

WEDNESDAY, JUNE 27

- ◆ Newcomer's Orientation, 8:30am to 4pm Call 353-4333 for information. Spouses encouraged to attend.
- ◆ Youth Services host their Cooking Club from 2:00-4:00pm, call 353-KIDS.
- ◆ PiRho, Christian Ministry meets at the Arctic Warrior Zone 7pm. Call 353-1085.
- ◆ Arts and Crafts will offer a Crazy Quilt Class at 5:30pm. Class fee is \$20. Call 353-7520 to sign up.
- ◆ Arts and Crafts is offering a Kids workshop to making butterflies at 1pm, fees are \$5 for 1st child and \$3 for each additional child. Call 353-7520.

THURSDAY, JUNE 28

- ◆ Newcomer's Orientation, 8:30am to 4pm Call 353-4333 for information. Spouses are encouraged to attend.

FRIDAY, JUNE 29

- ◆ Youth Services host their 5-on-5 Basketball 7-10:00pm, Team sign ups by 6:30pm call 353-KIDS.

- ◆ BOSS hosts live DJ action at the Arctic Warrior Zone. Jam with "DJ Suave" at 7pm.
- ◆ Arts and Crafts is offering a beading class at 6pm, fees are \$10. Call 353-7520 for more information.

SATURDAY, JUNE 30

- ◆ Outdoor Recreation is hosting a Denali National Park Tour to Fish Creek Station. Cost is \$70 adults/\$40 children. Call 353-6349 to make reservations.
- ◆ Outdoor Recreation Center offers their free Boater Safety Class every Saturday 1-5pm Call 353-6349 for reservations. This class is a prerequisite for renting watercraft from Outdoor Recreation.

INFORMATION and OTHER TRAINING & ACTIVITIES:

- ✓ **Denali National Park Tour:** Details: June 2 & 30; July 7 & 21 & August 18; to Fish Creek Station. Cost: \$70 adults/\$40 children. Departs 8 am and returns at midnight. Located 117 miles South of Fairbanks, Denali Park is home to the tallest peak in North America, Mount McKinley. The park also boasts a healthy population of bears, moose, caribou, ptarmigan, wolves, Dall sheep, fox and other Alaskan wildlife. Our tour includes the procurement of tokens for Denali Park and a ride to the park where customers get on a Park Service buss into Denali Park. Lunch is included. Reservations: 353-6349 Information: 353-2652
- ✓ **What Is Geocaching?** Geocaching is the process of searching for a hidden object or cache using a GPS. Come experience Geocaching on June 10, July 15, & Aug 12th 1:00 p.m. Outdoor Recreation Center, FREE!! For more information or to sign up for this FREE course, Please call 353-6349. This course will provide you with an introduction to this popular activity. A cache can come in many forms but the first item should always be the logbook. A logbook might contain information about nearby attractions, coordinates to other unpublished caches, and even jokes written by visitors. If you get some information from a logbook you should give some back. At the very least you can leave the date and time you visited the cache. Larger caches may consist of a waterproof plastic bucket placed tastefully within the local terrain. The bucket will contain the logbook and any number of more or less valuable items. These items turn the cache into a true treasure hunt. You never know what the founder or other visitors of the cache may have left there for you to enjoy. Remember, if you take something, it's only fair for you to leave something in return. Items in a bucket cache could be: Maps, books, software, hardware, CD's, videos, pictures, money, jewelry, tickets, antiques, tools, games, etc. It is recommended that items in a bucket cache be individually packaged in a clear zipped plastic bag to protect them.
- ✓ **SKIIES CLASSES Call 353-7713 today to enroll in these June:**
 - ❖ **Ballet**, ages 4-12, Fridays, June 8-22, 5-5:55 pm, PFC exercise room; Fee \$30
 - ❖ **Hip-Hop**, ages 9-18, Fridays June 8-22, 6-6:55 pm, PFC exercise room; Fee \$30
 - ❖ **Tumbling**, ages 2-4, Thursdays, June 7-21, 5:15 pm, Youth Center gym, Fee \$30
 - ❖ **Tumbling**, ages 5-18, Thursdays, June 7-21, 6:15 pm, Youth Center gym, Fee \$30
 - ❖ **Cheerleading**, ages 5-18, Saturdays, June 2-16, 1-3 pm, Youth Center gym; Fee \$45 ***All participants must be registered with CYS. CYS registration fees are \$18 per child up to \$40 per family. If you have any questions, please call Central Registration at 353-7713.*

- ✓ **AFTB is beginning** a new program we're calling **Lunchbag Leadership**. It is an opportunity for any and all who are interested to come over during lunchtime on **Tuesday's** and to hone up on their leadership skills. There will be a different topic each week. No RSVP's are needed and there are no prerequisites. Call 353-2382 for more information. No reservations needed. See each Tuesday above to see what topics are being offered.
- ✓ **The Family Advocacy Program** (FAP) provides education services in child abuse, spouse and family violence, sexual assault, parenting and stress management. For more details call 353-7317.
- ✓ **New Parent Support Program**: The New Parent Support Program is comprised of a team of social workers and nurses providing support and services to military families with children ranging in ages from birth to six years of age. Through a variety of programs to include home visits and support groups, the New Parent Support Program helps parents learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. Call 353-7317 for more information.
- ✓ **Love and Logic Planning**: This program trains parents on educating their children with love and logic by teaching them 4 steps to responsibility, recognizing who has control, and also designing consequences for unpleasant behaviors. Call 353-7317 for more information.
- ✓ **The Victim Advocacy Program and Concern About Your Safety**: Do you encounter physical, emotional, or sexual abuse inflicted by your spouse or significant other? Are you constantly on edge, afraid to say something that may "trigger" violence from your partner? Does your partner degrade you? Are you being sexually hurt? Does he or she "put you down" at home or in public? Help is available. Nobody deserves to be abused. Call 353-4202.
- ✓ **Teen Skills**: Are you concerned about your teen making quality choices regarding school, career, relationships, and life in general? Wouldn't it be great if your teenager could gain skills for independence in the safety of your own community? In today's world, teens are faced with choices and circumstances their parents didn't encounter. Teen Skills is a program designed to give parents peace of mind, and also empower today's teens by providing them with the knowledge that they will need for the real world. Space is limited and pre-registration is required! Call 353-7317 for more information.
- ✓ **CHENA BEND CLUBHOUSE IS OPEN!**
- ✓ Nugget Lanes will hold a **Parent / Youth Bowling League Sessions** will be Friday Night at 6pm May 18th—June 29th. The top three winners will receive a Bowling Bag & Ball.
- ✓ **CHENA RIVER BOAT RIDES** By Customer Demand on Thursdays, 1 1/2 to 2 hour rides, cost \$10 per person. Call Outdoor Recreation for Reservations 353-6349

- ✓ **Automotive Skills Center Offers:** 24/7 Open Car Wash, Complete Towing Services both on and off post And Certified Mechanics to assist you in fine tuning your vehicle.
- ✓ **Bear Necessities Available On-Line Only:** To view and print your own copy of the MWR newsletter, please visit : <http://mwr.polarnet.com/bears.htm>
- ✓ **New Parenting and Family Life Skill** classes available! For information Contact Army Community Service or to sign up call 353-4248 or 353-4345.

2007 CYS Sports Schedule & Fees:

CYS Sports & Fitness Director 353-7482 or Central Registration 353-7713

****In order to participate in an activity/sport, the youth must be of the required age by the beginning of the activity/season start date.****

* REMINDER: All youth who participate in our CYS Sports Program are REQUIRED to have a physical on file with the CYS Sports Department. Only physicals current within one year of the end of the season will be accepted. Our goal is to make the most enjoyable program for youth of the Ft. Wainwright community. In order to accomplish this task, we need your involvement by participating as team coaches, team parents and team coordinators. If you would like to be a part of this year's program, please contact the CYS Sports Director at 353-7482

Sport/Activity Registration Dates

- ✚ **Pepsi Pitch, Hit & Run**, Registration in June, Season in June, Ages 7 - 14 TBA.
- ✚ **T-ball**, Registration is June 11 – 22, Season is July 16 - September 7, \$40.00, Ages 5 – 6.
- ✚ **Coed Baseball**, Registration is June 11 – 22, Season is July 16 - September 7, \$40.00, Ages 7 – 18.
- ✚ **Flag Football**, Registration is June 25 - July 6, Season July 23 - September 14, \$40.00, Ages 5 – 18.
- ✚ **Start Smart Golf**, Registration is July 16 – 20, Season is August 6 - September 14 \$20.00, Ages 5 – 7.
- ✚ **NFL Punt, Pass & Kick**, Registration is August 4, Event is August 4, Ages 8 – 15.
- ✚ **Bowling**, Registration is August 6 – 10, Season is August 27- November 16, Ages 5– 18.
- ✚ **Start Smart Basketball**, Registration is August 13 – 17, Season is September 3 - October 12, \$45.00, Ages 3 – 5.
- ✚ **Basketball**, Registration is October 1 – 5, Season is October 22 - December 15, \$40.00, Ages 5 – 18.
- ✚ **Cheerleading**, Registration is October 1 – 5, Season is October 22 - December 14, \$40.00, Ages 5 – 18.